



December 2025

Dear Friend of Udac,

In this season of love and kindness, we are reminded of a simple truth: ***community is where we all thrive.*** When you give to Udac, you celebrate inclusion and help create opportunities for all people to achieve their goals, give back to the community, and find fulfillment through meaningful work and active community participation.

Click on the link: [Donate - Udac](#)

### Highlights in 2025

- **Ambassadors for Respect** – Four passionate individuals empowered local 4th graders to practice kindness and stand up against bullying through a highly effective interactive program through PeaceMaker Minnesota in partnership with the Minnesota Governor’s Council on Developmental Disabilities.
- **The Udac Garden Club** - learned about healthy eating, planned and tended a garden, and donated over 150 pounds of fresh produce to Chum and the homeless — giving back to the community in a meaningful way.
- **Employment Success** - jobs for 47 Individuals brought financial security, confidence, and a network of new friends and colleagues.
- **Business Partners** - over 30 local businesses hired talented employees who strengthened their workforce while supporting inclusion.
- **Community Connections** - a local senior center is a vibrant partner, welcoming all people through robust and engaged participation.
- **Adult Learning** - expanding their independence and employment opportunities, 2 individuals (40 years-old) are reading and advancing their skills.
- **Best Practices** – Nationally recognized, Udac is leading Minnesota in disability program design for effectiveness and best practice outcomes. Udac partners with the University of Minnesota Institute on Community Integration, University of Massachusetts-Boston Institute on Community Inclusion and the University of New Hampshire Institute on Disability on implementing cutting edge programs that promote independence and employment success.
- **Udac Business Internship Model** - Businesses gain access to motivated talent while addressing critical workforce shortages through an innovative internship program.

Our work transforms lives for individuals with intellectual and developmental disabilities, autism spectrum disorders, and other mental health challenges. The Udac Center of Excellence in Employment and Community Living is aligned with research-based IDD frameworks—embracing dignity of risk, autonomy, and community integration — supporting adults and transitioning students in claiming full, self-directed roles in community life. Every person deserves community.

**Give today and make inclusion impact possible:**

- **\$50- “Give someone the confidence to shine in their first job interview.”**  
Provide Career and Life Coach support for one individual, helping them prepare for interviews, succeed in employment, and participate in the community.
- **\$100- “Empower a child to choose kindness and stand up against bullying.”**  
Support an Ambassador for Respect session, teaching 4th graders about kindness and anti-bullying.
- **\$250- “Create moments of belonging through community activities.”** - fund a month of community engagement activities, fostering inclusion and social connections.
- **\$500- “Open the door to meaningful work and financial independence.”**  
Help create adaptive work opportunities for individuals with disabilities, opening doors to financial independence.
- **\$1,000- “Transform a life with a year of skill-building and career support.”**  
Support a full year of skill-building and career development for someone striving for meaningful employment.
- **\$5,000 – “Invest in Innovation and Best Practices”**  
Help us lead the way with research-based cutting-edge strategies that empower individuals to achieve self-determination and meaningful employment. Your gift fuels programs that set the standard for excellence in disability services.
- **\$10,000 – “Advance Technology Innovation”** Support technology innovation that enables job skill development and career independence. Brings technology to life—help individuals use technology, such as socially assistive robots (SAR), to practice workplace tasks, develop confidence, and thrive in employment and community setting.
- **Recurring Donation- “Any amount for sustained impact and support!!”**

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Thank you for caring. Thank you for making a difference. Together, we are cultivating individual success and building a stronger, more inclusive community.

Website: <https://www.udac.org/donate/>

Contact Lola Aune @ [laune@udac.org](mailto:laune@udac.org) – 218-623-1709